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| **CATEGORY** | **4** | **3** | **2** | **1** |
| **Content 20%** | The wiki page has given background information and has a nutrition plan, workout plan, conclusion, and resources. | The wiki page has given background information and has nutrition plan, workout plan, conclusion, and some resources. | The wiki page has given some background information and has a nutrition plan and workout plan, but no conclusion or resources. | The wiki page has given little background information and is missing the nutrition plan, workout plan, conclusion, and resources. |
| **Content Accuracy 25%** | All information is correct. | Almost all the information is correct. | Some of the information correct. | There are several areas with incorrect information. |
| **Spelling and Grammar 20%** | There are no spelling, punctuation, or grammar errors. | There are 1-3 spelling, punctuation, or grammar errors. | There are 4-5 spelling, punctuation, or grammar errors. | There are more than 5 spelling, punctuation, or grammar errors. |
| **Learning of Material 20%** | The student has an exceptional understanding of the material. All components of the new diet meets at least 85-100% of the RDA's. | The student has a good understanding of the material. All components of the new diet meets at least 70-84% of the RDA's. | The student has a fair understanding of the material. The new diet has vitamins or minerals that meet between 55-69% of the RDA's. | Student did not appear to have an understanding of the material. The new diet has vitamins or minerals that meet less than 50% of the RDA's. |
| **Graphics 5%** | Graphics are related to the theme/purpose of the site, are thoughtfully cropped, are of high quality and enhance reader interest or understanding. | Graphics are related to the theme/purpose of the site, are of good quality and enhance reader interest or understanding. | Graphics are related to the theme/purpose of the site, and are of good quality. | Graphics seem randomly chosen, are of low quality, OR distract the reader. |
| **Layout 10%** | The Wiki page has an exceptionally attractive layout. It is easy to locate all important elements. White space, graphic elements and/or alignment are used effectively to organize material. | The Wiki page has an attractive and usable layout. It is easy to locate all important elements. | The Wiki page has a usable layout, but may appear busy or boring. It is easy to locate most of the important elements. | The Wiki page is cluttered looking or confusing. It is often difficult to locate important elements. |